Badminton Basics

Credits

Basic information selected from -

* + - * Badminton players and playing area: Playing area <https://www.bbc.co.uk/bitesize/guides/z37j2p3/revision/2>
* Badminton court size & Layout guide: <https://www.networldsports.co.uk/buyers-guides/badminton-court-guide>
* The badminton bible <https://www.badmintonbible.com/rules/simple>
* Badminton Racket Review <https://badminton-racket-review.com/blogs/news/the-basic-rules-of-badminton-a-complete-guide?srsltid=AfmBOoo5r_TSvwWOotnKWtKx1qUooksrATSlBHoDRASuwph3uQUF1xMg>
* CSS Grid Layout Module <https://www.w3schools.com/css/css_grid.asp>

Badminton Basics

The Basic Rules of Badminton: A Complete Guide

Playing a sport without knowing the rules limits the ability of play. Knowing the most basic rules of Badminton before playing is a big must. It is the Badminton World Federation (BWF) who lays down in detail the laws of Badminton.

Each player is expected to follow and abide these rules.

The obvious:

Let’s break down the absolute basics. Badminton is a sport that is played between two player (singles) or four players (doubles). The idea is for a player to score by points against his opponent by hitting a great shot or by forcing his/her opponent to make errors. Once the shuttle falls on the floor of the player, he/she loses the point.

Typically, each match lasts 21 points. In a professional/ tournament setting a best of 3 matches is played.

Service:

A game starts with a service. Hence, it becomes one of the most important shots in Badminton. But there are some rules a player must follow before serving. These rules are:

* The service starts from the even side of the court (that is the right side of the court).
* While serving, the player needs to make sure that no part of his leg/shoe is touch any of the lines.
* Serving above the waist is considered a fault.
* In singles, a service till second base line is allowed, whereas in doubles, anything beyond the first base line is considered out.
* While serving, the player must serve in one smooth action. He/she can’t stop his/her service mid way.
* If the shuttle hits the net and falls on the opponent’s side of the court but before the service line, the opponent gets the point.
* During the entirety of the service, the server’s legs must be planted on the ground. The server may lift just his/her heel or ankle during serve, but cannot drags his/her feet.

Receiving:

To start the rally, a good return of service is expected. There are some things a receiver should keep in mind while receiving service:

* He/she can’t move before the server contacts the shuttle.
* He/she can’t make gestures to distract the server.
* The shuttle should not touch any part of the receiver’s body before he/she hits the shuttle

Scoring:

* Each match should consist of 21 points
* Every time a service ends, the player/ his opponent gets a point
* In the event the score reaches 20 all, a difference of 2 points is played.
* If the score reaches 29-29, then the player(s) to reach 30 first, win.

Basic singles rules:

There are some rules in singles that differ from doubles. The main difference is area of play. Let’s look at the basic rules of singles:

* The side lines in singles is out at all times; even during service.
* The back box is considered in during service, i.e in-between the two base lines.
* Besides the above service rules and area of play rules, all rules listed above apply.

Basic doubles rules:

As mentioned earlier there are just a few differences in the singles and doubles rules. They are:

* Area of play for doubles is the full court.
* However, for service, the back box, i.e in between the two baselines is considered out.
* You can serve within the sidelines as well.
* If the server’s side loses the point, the service will get transferred to the opponents. There is no second serve.
* Besides the above service rules and area of play rules, all rules listed above apply.

Faults:

Faults are errors in a game that are not allowed. If a player makes a fault, he/she will lose the point. The opponent will gain a point and the service. Besides the service faults listed above, some of the faults are:

* At any time during play a person hits the net, he/she will lose the point.
* If during play, the shuttle hits touches a player’s body, they will lose the point.
* Hitting the shuttle twice is not allowed
* Once the shuttle has landed on the ground, it cannot be played. The point will be given to the winning side.
* If the shuttle hits the ceiling, it is a fault.
* In doubles, if the shuttle nicks/ slightly touches the racket/ body of one player, his/her partner cannot attempt to send the shuttle back. This is considered a fault.